



# questions for consumers, carers and communities

to decide whether and how to take part in research

The questions build on existing resources [see page 5] and from conversations with consumers and researchers. The questions sit alongside the [National Statement for Ethical Conduct in Human Research](#).

You don't have to answer all the questions.

# the research

Is the research needed?  yes  no  unsure

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Could the research benefit me/others?  yes  no  unsure

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Could it harm me/others?  yes  no  unsure

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How much co-design will be happening?  a lot  some  none  unsure

Read: [Shades of Co-design](#) [1]

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Why do the researchers want to involve people with lived experience?

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What does co-design and co-delivery in research mean to me?

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What decisions have been made already?

e.g. on research priorities, timeframes, roles in the research team?

Am I okay with what's already been decided?



# about your time

Do I have time?  yes  no  unsure

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Does the recognition seem fair?  yes  no  unsure

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What role would best fit in my life right now?

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What will I get out of this?

helping my community, learning, research experience, remuneration, something else

# about the support available

What will I need to be part of the team and to do the work?

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What support is available?

e.g. technology and tech support, travel, transport, translators, interpreters, childcare, peer support, training, mentoring, supervision

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Can I ask for flexibility?  yes  no  unsure

meetings outside standard work hours, longer to do tasks, a buddy or something else

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Will my knowledge, identity, culture, access needs and strengths be understood and respected?  yes  no  unsure

# make decisions about your involvement

What questions do I want to ask to decide what's right for me?

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Do I have time?

yes

no

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Do I have enough information to decide?

yes

no

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# references

[1] Blomkamp, E. (2024). Shades of Co-Design. Retrieved from <https://emmablomkamp.com/blog/shades-of-co-design>

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